

Machu Picchu, Peru

EVIA



Machu Picchu and the Sacred Valley Tailor-made-travel*

*The Benefits of Tailor-Made Travel

- Travel at your own pace – fit more (or less) into your time
- Concentrate on what interests you
- Get personalized advice from the experts
- Save money by only including things you really want
- Stay at the hotels of your choice
- Select where and when meals are included
- Use this itinerary as your guide to plan your next experience.

Machu Picchu, Peru

Day 1 Cusco to Sacred Valley

Upon arrival in Cusco you will be met after luggage collection by our representative and transferred to your hotel in the Sacred Valley. The 1 ½ hour drive to the Sacred Valley passes through stunning landscape of the Incas.



Sacred Valley of the Incas

Altitude: 2,850mts- 9,350fts

The Sacred Valley of the Incas was undoubtedly a key area of settlement to the Incas. Its agreeable climate and fertile plains make a rare and fruitful combination for the high Andes. It was also the route to the jungle and therefore an area with access to the fruits and plants of the tropical lowlands. The Sacred Valley served as a buffer zone, protecting Cusco from incursions of the Antis, the fierce jungle tribes who from time to time raided the highlands. Today the Sacred Valley remains a lush agricultural region supplying the city of Cusco with much of its produce such as maize, fruit and vegetables.

The tour is private so based on time and depending on flight times which are subject to change by airlines, and of course depending on your preferences, you can stop at one of the following on the way to your hotel:



- **Awanakancha Camelids Center**, in this center (elevation 9160 ft. above sea level), get up close and personal with llamas, alpacas and even the rare and precious vicuña. See how the soft wool from these South American "camels" is used to make beautiful woven textiles.



- **Pisac Indian Market**, renowned for its colorful **Sunday Market** where the local Indians meet to sell their merchandise as they have done for centuries. The handicraft market is open every day and is famous for its ceramic beads made into necklaces, earrings and other Peruvian artifacts.

Arrive at your hotel. Check in and enjoy a late lunch.

Recommended hotels: Rio Sagrado Hotel Luxury Class or Sol y Luna 5 star accommodations.

Rest of the day will be at your leisure for easy acclimatisation to the altitude. For the more ambitious we can recommend the following:



Optional tour of Ollantaytambo (recommended and there is no extra cost), site of one of the great Inca fortresses and sacred areas in the Urubamba Valley. The town is one of the oldest continuously occupied settlements in the Americas. The sixteen massive terraces spread before you are a testimony to the magnificent Inca masonry. Climb the steep stone steps up to the imposing fortress at the top of the mountain.

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Recommended Accommodations: *Luxury* - **BELMOND RIO SAGRADO HOTEL, 5 Star- Sol y Luna**
Suggested meal inclusions: **Lunch**

Day 2 Sacred Valley



08.30hs This morning visit **Chinchero's town**, one of the most typical towns of the Incas. This is an Inca city, which the conquerors wanted to "civilize" and establish their culture, but they were never able to achieve it completely. Its inhabitants live in the almost untouched Inca constructions where their ancestors lived and formed the greatest and most prosperous civilization in America.



You will have the opportunity to visit the textile workshop of Nilda Callañaupa, who introduces traditional weaving techniques and the role of weaving in contemporary Andean life. Nilda travels extensively to the USA to organize weaving exhibitions and workshops in universities and institutions such as the Textile Museum in Washington D.C.



Continue to **Moray**, where you find "the Inca laboratory". The circles were used for the development of different strains of crops. Between the highest and lowest terraces there is a difference of up to 15 degrees. Although the difference between neighbouring terraces is very small, it is great enough to create distinct microclimates that change growing conditions and allow the propagation of a huge variety of plants each with slightly different growth requirements.



Hike to the ancient town of **Maras** (approx. 2 hours) with its out-standing Spanish door arches and vast church. We then drop down into the Sacred Valley of the Incas to the salt pans of Salineras. Here more than 5000 terraces are still in production and many families of Maras bring their salt to the market of Urubamba on mules.

Enjoy a served picnic lunch in the country.

Recommended Accommodations: *Luxury* - **BELMOND RIO SAGRADO HOTEL, 5 Star- Sol y Luna**
Suggested meal inclusions: **Breakfast and Picnic Lunch**

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Day 3 Sacred Valley to Machu Picchu



Machu Picchu

Altitude: 2430m – 7,973ft

Most people will agree that no matter how many times you have visited Machu Picchu, it will never cease to amaze you. Since it was discovered in 1911, Machu Picchu has been considered as one of the most important architectonic and archaeological monuments on the planet because of its incredible and naturally harmonious features. Until now there are many controversial theories about how and why it came to be. Whatever the case may be, the mystery surrounding Machu Picchu will only be understood once experienced personally. It is not surprising, therefore, that it is considered as one of the few man-made wonders of the

world.

07:15hs Meet your guide at the lobby of your hotel, and board the train that will take you to KM. 104 on the Cusco – Machu Picchu railroad (starting point of the hike). Or you can take the train directly to Aguas Calientes and then the bus to Machu Picchu.

For those who wish to trek:



Start your trekking by visiting the Chachabamba archaeological complex (2150m/7052ft), located very close to the control point, to then embark upon an 8 km (5 miles) ascending trail, which after four hours takes us to the archaeological complex of Wiñaywayna (2650m/8692ft). This is an impressive complex made up of an agricultural center with numerous terraces, a religious sector and an urban sector.



On the way up take in magnificent views of the Urubamba River valley and the Choquesuysuy archaeological complex located on the other side of the river as well as the beautiful waterfall of Wiñaywayna.

Climb to Intipunku, or The Sun Gate. This will take an hour of hiking along a trail of flat stones on the edges of cliffs in highland jungle. From this fabulous spot, you may contemplate the sacred citadel of Machupicchu. From Intipunku we descend to Machupicchu and continue to your hotel for check in.

Estimates walking time : 6-7 hours

Max altitude point: 2,650m (8,692 ft)

Total distance: 13km (8.08miles)

For those going directly to Machu Picchu: Contact us for details.

Recommended Accommodations: *Luxury* - **BELMOND SANCTUARY LODGE, 5 Star- INKATERRA MACHU PICCHU PUEBLO**

Suggested meal inclusions: **Breakfast/lunch/dinner**

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Day 4 Machu Picchu to Cusco



Huayna Picchu – the (seen here on the right), surrounding area, as 2.5 hours).



Today you will have the opportunity to hike up the highest mountain which is actually part of the ruins from where you are afforded excellent views of the well as a unique view of the famous 'lost city', (approx

Rest of the day explore the city's ruins, on a private guided tour.



Afternoon bus transfer to Aguas Calientes train station.

5.50pm Depart on the Hiram Bingham deluxe train or the Vistadome train to Cusco Hiram Bingham offers a gourmet dinner and entertainment. The Vistadome offers first class transportation.

9.16pm Arrive in Poroy station, transfer to your hotel.



Cusco

Altitude 3,360mt- 11,023ft

Mystical capital of the Inca Empire, known as the archaeological capital of the Americas, Cusco holds proud its stone structures that display the greatness of the Sons of the Sun. A city shrouded in monuments, historical relics, myths and legends that seem to appear whenever one crosses its streets, is a must stop for every visitor to Peru. A visit to this old city, nestled in the south-eastern Andes of Peru, at 3.360 metres above sea level, is an unforgettable experience that transmits some of the mystique surrounding the Incas. Cusco was earmarked the "navel" of the Andean world.

Recommended Accommodations: *Luxury* – **MONASTERIO HOTEL, 5 Star- EL MERCADO TURNQUI**

Suggested meal inclusions: **Breakfast/Lunch/Dinner if you are on the Hiram Bingham train**

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Day 5 Cusco

This morning visit the ruins of Cusco, start with the impressive fortress of **Sacsayhuaman**; **Kenko**, the amphitheater and religious center; **Tambomachay**, the Inca Baths and center of worship to the water god; and finally **Puca-Pucara** the red fortress built to protect Tambomachay.

Continue touring the city of Cusco, visit **Koricancha**, The Temple of Sun- combined sacred sites of Koricancha and Santo Domingo in Cusco vividly illustrate ancient Andean culture's collision with Western Europe. Continue to the **Cathedral**, found on one of the streets of the main square of Cusco, is, without any doubt, one of the most attractive buildings of America.



This afternoon enjoy a walking tour of San Blas district, a melting pot for the arts. Although it is true that very little of the original **Inca artisans'** quarter remains standing, it is also true to say that the spirit of Pachacutec lives on: a creative, sharing spirit. From colonial times to the present day, the arts and crafts tradition of San Blas has been passed from one generation to the next. Most of today's artisans have learned their trade from their parents and grandparents. In San Blas one finds sculpture, pottery, painting, jewelry, textiles, woodcarvings, stonework, religious art and antiques.



Private transfer to the airport for your flight from Cusco to Lima.

Suggested meal inclusions: **Breakfast/Lunch**

Our Quotes Include:

- **Land tours**
- Accommodation based on double occupancy
- Private transfers and tours in modern, A/C vehicles with English speaking local guides.
- Porterage at airports and hotels (2 bags per person)
- Entrance Fees and local Taxes
- Bottled water included during transfers and tours; snacks available during tours.
- Meals as indicated in program. All meals include bottled water and hot beverages.

Our Quotes do not include:

- Internal air (mentioned separately)
- Personal Expenses
- Travel Insurance
- International air
- OPC or Quebec consumer protection. Approximately \$8 per person.
- Gratuities for local guides and drivers
- Tips at restaurants

Q&A

the details

Hotel Type

This trip uses luxury and 5 star properties. Each suggested hotel is property is carefully selected for its location, charm, and ownership. At Evia, we want you to experience Peruvian culture while enjoying all the amenities that you are accustomed to.

SACRED VALLEY, RIO SAGRADA

This is a small quiet property with exceptional views of the Andes mountains and verdant fields. Rooms are delightfully appointed in Spanish-infused, Peruvian ranch style.

SACRED VALLEY, SOL Y LUNA



Sol y Luna is located in the Sacred Valley, also known as the Urubamba valley. Historically, the valley has been considered sacred. Today it remains an inspiring environment. The hotel property dotted with *casitas*, small house where guests stay in harmony with nature. The Andes Mountains are omnipresent and the property is filled with 35 bird species that enjoy the habitat around the property.

MACHU PICCHU, SANTUARY LODGE

The Sanctuary Lodge is the only hotel situated adjacent to the great Inca citadel of Machu Picchu. This means that guests will be able to be the first to enter Machu Picchu and the last to leave, affording them a view of the archaeological site when most of the tourists have left. Guests can also sit on in the hotel gardens, enjoy Peruvian cuisine, while enjoying a view in of the Andean Inca city.

Level of Activity

Moderate to avid.

How do I get to Cusco?

Cusco does not have an international airport. You will have to fly to Lima. Depending on the arrival time of your flight you may have to overnight in Lima before boarding a plane to Cusco. We can help you with advance ticket reservations and our representatives will greet you at the airport and assist every step of the way.

Ready to book?

- Call 1.888.386.2669 or 514.497.1960
- Email info@eviaactive.com with any remaining questions. Please do not book flights until we have confirmed hotel availability.
- Book your hotel accommodation for the night before your Evia trip or let us do it for you.
- Make sure your passport is up to date and valid for 6 months after the last date of travel.
- Enquire about travel insurance.
- Once you are confirmed on your Evia trip, you will receive a confirmation Email. Then, about a month before you leave, we will send you a travel package with all you need to know, instructions, hotel contact information, and emergency numbers while you are in Peru.

Room Upgrade

If you would like to upgrade your accommodation on this trip, please enquire at time of booking to learn cost and availability.

Extending your trip

Once in Peru, there are many fascinating places to see as trip extensions. The Nazca lines in Paracus and the Amazon are always intriguing. Peru also combines well with Ecuador and the Galapagos islands.

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RESPONSIBILITY

EVIA and Garth Allen Marksted Travel - GAM Travel acts solely as agents for the Travel Service Suppliers such as hoteliers, airlines, ground service operators, bus operators, etc. who are providing their facilities as described in this brochure. We do our best to select exclusive suppliers but exercise no control over them and cannot be held responsible for the failure of these suppliers to carry out any obligations. Any and all bookings made with these suppliers by us, for you, are subject to the terms and conditions of each and every such supplier. Supplier liability may also be limited by law, tariffs, or conditions set forth in their documentation, tickets, etc. Without limiting the generality of the foregoing, Evia and Garth Allen Marksted Travel and its directors, officers, employees, affiliates, successors, assigns, agents and other representatives are not responsible for any and all claims for losses, damages (whether direct, indirect, special, punitive, or other consequential damages, lost profits or opportunities) delays, illness, injuries, inconvenience, loss of enjoyment, or anxiety (whether based in contract, tort, negligence, strict liability or otherwise, and even if Evia or Garth Allen Marksted Travel and the Travel Service Suppliers have been advised of the possibility of damages to such party or any other party) arising from:

- (a) Fault or negligence or omissions on the part of the said travel service suppliers;
- (b) Illness, theft, strikes, mechanical problems, quarantine, governmental intervention, weather conditions, acts of hostility or violence, and any other grounds beyond our control;
- (c) Your failure to obtain passport, visas, other travel documents or inoculations
- (d) Your failure to advise us the name of the traveler exactly as it appears on the passport;
- (e) Your failure to report on time at an airport or ground transfer facility;
- (f) Material damages, theft or other mysterious disappearances of your goods;
- (g) Personal injuries or death;
- (h) Force Majeure - an event(s) beyond our, or our supplier(s), reasonable control including, but not limited to, acts of God, strikes, lockout or other labour disputes or disruptions, wars, blockades, insurrections, riots, earthquakes, weather conditions, floods.

Note that once paid for, trips are non-refundable.

TRAVEL PROTECTION PLAN (INSURANCE)

Trip cancellation and interruption insurance, medical and hospital insurance, baggage insurance, and

various additional insurances are available and HIGHLY RECOMMENDED. One of our travel councilors can help you purchase insurance. If you have your own, we will need a waiver from you. If you choose not to purchase insurance, you are required to sign an Insurance Waiver Form. Note that if you choose not to purchase insurance, you are fully liable for any and all penalties imposed.

DESCRIPTION

While every effort has been made to describe and produce the travel services and photographs as accurately as possible, part of your adventure is to discover things that may be a bit different than what you are used to. Living standards and local conditions during your tour may be different from what you are accustomed to at home and we invite you to embrace these cultural differences. At times, we may be required to change our routing due to unforeseen circumstances.

If you encounter any concerns during your tour, please inform your local travel service provider. If the matter cannot be resolved, please inform Garth Allen Marksted Travel in writing upon your return.

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ABOUT US

Eva Stelzer, founder and driving force behind Evia Consulting, has been guiding and organizing trips to Peru, Ecuador, Italy and more, for 6 years. Her love of languages and former career as a professor of education and physical education has resulted in intelligent and active travel. She graduated from McGill University in Montreal with degrees in physical education and business administration before studying French at the Sorbonne in Paris, Spanish at the University of Cuenca in Spain, and Italian at the Istituto Michelangelo in Florence. Eva's passion for languages, travel and fitness, led to the creation of perfect insider-travel experiences for others. Evia relies on unique partnerships with locals. We are committed to providing every guest with a sense of accomplishment and joy, while helping them discover local places of interest, culture, great food, interesting walks, and memories to cherish. Why travel when you can experience! All of our trips are booked through Garth Allen Marksted Travel, Quebec License # 701865

Buon viaggio!